



December 2nd-8th

Pool schedule is subject to change without notice due to staffing and weather

Piranhas: NO PRACTICE 12/9

Asheville YMCA

South Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time				
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6-7 AM	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Closed				6-7 AM				
7-8 AM	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Ind. Ex.	Lap Swim 7:30-8:50a			Closed				7-8 AM				
8-9 AM	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Open Swim	Open Swim			Ind. Ex.	Lap Swim 6a-8:50a			Deep Water Fitness	Deep Water Fitness			Ind. Ex.	Lap Swim 7:30-8:50a			Closed				8-9 AM				
9-10 AM	Hydro Burn				Hydro Burn				Hydro Burn				Hydro Burn				Cardio Splash				Swim Lessons (Only) 9a-12:25p				Closed				9-10 AM				
10-11 AM	Hydro Burn				Cardio Splash				Hydro Burn				Cardio Splash				Cardio Splash				Swim Lessons (Only) 9a-12:25p				Closed				10-11 AM				
11-12 PM	Fluid Movement				Cardio Splash				Fluid Movement				Cardio Splash				Fluid Movement				Swim Lessons (Only) 9a-12:25p				Closed				11-12 PM				
12-1 PM	Ind. Ex.	Lap Swim 11:30a-1:50p			Ind. Ex.	Lap Swim 11:10a-1:50p			Ind. Ex.	Lap Swim 11:30a-1:50p			Closed 11a-2p				Closed 11:30-2p				Swim Lessons (Only) 9a-12:25p				Closed				12-1 PM				
1-2 PM	Ind. Ex.	Lap Swim 11:30a-1:50p			Ind. Ex.	Lap Swim 11:10a-1:50p			Ind. Ex.	Lap Swim 11:30a-1:50p			Closed 11a-2p				Closed 11:30-2p				Open Swim 12:25p-4p				Open Swim 1p-3p				1-2 PM				
2-3 PM	Hydro Burn				Open Swim 2p-4:00p				Hydro Burn				Open Swim 2:10p-6:20p		Lap Swim		Hydro Burn				Open Swim 12:25p-4p				Open Swim 1p-3p				2-3 PM				
3-4 PM	Open Swim 3p-5:30p				Open Swim 2p-4:00p				Open Swim 3p-4p				Open Swim 2:10p-6:20p		Lap Swim		Open Swim 3p-6:00p		Lap Swim		Open Swim 12:25p-4p				Lap Swim 3:10p-4:30p				3-4 PM				
4-5 PM	Open Swim 3p-5:30p				Swim Lessons (Only) 4p-6:35p				Swim Lessons (Only) 4p-6:35p				Open Swim 2:10p-6:20p		Lap Swim		Open Swim 3p-6:00p		Lap Swim		Ind. Ex.	Lap Swim 4:10-6:30p			Closed				4-5 PM				
5-6 PM	Ind. Ex.	Lap Swim			Ind. Ex.	Lap			Ind. Ex.	Lap			Ind. Ex.	Lap Swim			Ind.	Lap Swim			Ind. Ex.	Lap Swim 4:10-6:30p			Closed				5-6 PM				
6-7 PM	Ind. Ex.	Lap Swim			Ind. Ex.	Lap			Ind. Ex.	Lap			Ind. Ex.	Lap Swim			Ind.	Lap Swim			Ind.	Lap Swim			Closed				6-7 PM				
7-8:30 PM	Closed 7:30				Closed 7:30				Closed 7:30				Closed 7:30				Closed 7:30				Closed 7:30				Closed				Closed				7-8:30 PM

North Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time				
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6-8 AM	Lap Swim 6a-2p				Lap Swim 6a-2p				Lap Swim 6a-2p				Closed				Lap Swim 6a-9a				Closed				Closed				6-8 AM				
8-10 AM	Lap Swim 6a-2p				Lap Swim 6a-2p				Lap Swim 6a-2p				Closed				Closed				Closed				Closed				8-10 AM				
10-12 PM	Lap Swim 6a-2p				Lap Swim 6a-2p				Lap Swim 6a-2p				Lap Swim 11a-2p				Lap Swim 12p-2p				Lap Swim 7:30a-6:30p				Closed				10-12 PM				
12-2 PM	Lap Swim 6a-2p				Lap Swim 6a-2p				Lap Swim 6a-2p				Lap Swim 11a-2p				Lap Swim 12p-2p				Lap Swim 7:30a-6:30p				Lap Swim 1p-4:30p				12-2 PM				
2-4 PM	Closed				Closed				Closed				Closed				Closed				Lap Swim 7:30a-6:30p				Lap Swim 1p-4:30p				2-4 PM				
4-6 PM	Piranhas Swim Team				Lap Swim 4p-6p				Piranhas Swim Team				Lap Swim 4p-6p				Lap Swim 4p-5:15p				Lap Swim 7:30a-6:30p				Closed				4-6 PM				
6-8:30 PM	Lap Swim 6p-8:30p				Piranhas Swim Team Lap Swim 7:30p-8:30p				Lap Swim 6p-7:15p Water Polo 7:30p-8:30p				Piranhas Swim Team Lap Swim 7:30p-8:30p				Open Kayak 5:30p-7:15p				Closed				Closed				6-8:30 PM				

>>To register for open kayak please visit ymcawnc.org/programs-search<<

Lap Swim	Independent Exercise	Swim Team	Open Swim
Group Ex	Swim Lessons	Specialty	

Contact Aquatics Director Emily McGlynn with any questions: emcglynn@ymcawnc.org

Schedule Subject to Change Based on Lifeguard Availability
To Apply visit ymcawnc.org/careers

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