



September 2nd-Sept 8th

Pool schedule is subject to change without notice due to staffing and weather*

Asheville YMCA

**On Monday, Sept 2nd (Labor Day)
Pool closes at 3:30pm**

South Pool																																	
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time				
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6-7 AM	Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Closed				Closed				6-7 AM				
7-8 AM	Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind.	Lap Swim			Closed				7-8 AM				
8-9 AM	Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind.	Lap Swim			Closed				8-9 AM				
9-10 AM	Hydro Burn				Hydro Burn				Cardio Splash				Hydro Burn				Deep Water Fitness				Swim Lessons				Closed				9-10 AM				
10-11 AM	Hydro Burn				Cardio Splash				Cardio Splash				Cardio Splash				Open Swim				Swim Lessons				Closed				10-11 AM				
11-12 PM	Fluid Movement				Cardio Splash				Fluid Movement				Cardio Splash				Open Swim				Swim Lessons				Closed				11-12 PM				
12-1 PM	Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind.	Lap Swim			Open Swim				Open Swim				12-1 PM				
1-2 PM	Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind. Ex.	Lap Swim			Ind.	Lap Swim			Open Swim				Open Swim				1-2 PM				
2-3 PM	Hydro Burn				Open Swim				Hydro Burn				Ind. Ex.				Hydro Burn				Open Swim				Open Swim				2-3 PM				
3-4 PM	Open Swim				Open Swim				Open Swim				Open Swim				Open Swim				Open Swim				Lap Swim				3-4 PM				
4-5 PM	Closed				Swim Lessons				Swim Lessons				Open Swim				Open Swim				Ind. Ex.	Lap Swim			Closed				4-5 PM				
5-6 PM	Closed				Swim Lessons				Swim Lessons				Open Swim				Open Swim				Ind. Ex.	Lap Swim			Closed				5-6 PM				
6-7 PM	Closed				Swim Lessons				Swim Lessons				Open Swim				Open Swim				Ind. Ex.	Lap Swim			Closed				6-7 PM				
7-8:30 PM	Closed				Ind. Ex.	Lap Swim			Ind.	Lap Swim			Ind. Ex.	Lap Swim			Ind.	Lap Swim			Closed				Closed				7-8:30 PM				

North Pool																																	
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time				
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6-8 AM	Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Closed				6-8 AM				
8-10 AM	Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Closed				8-10 AM				
10-12 PM	Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Closed				10-12 PM				
12-2 PM	Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				12-2 PM				
2-4 PM	Closed				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				2-4 PM				
4-6 PM	Closed				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				4-6 PM				
6-8:30 PM	Closed				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				Lap Swim				6-8:30 PM				

>>To register for open kayak please visit ymcawnc.org/programs-search<<

Lap Swim	Independent Exercise	Swim Team	Open Swim
Group Ex	Swim Lessons	Specialty	

Contact Aquatics Director Emily McGlynn with any questions: emcglynn@ymcawnc.org

Please note that our pools are shared by programs, classes, families, and all our members. This pool schedule is subject to change without notice due to programs, weather, maintenance, staffing, and/or special events.

