

TRACK POLICIES

- Please stay to the right when walking and pass on the left.
- Youth ages 10-12 may use the track under direct adult supervision. Youth 13 and older may use the track without supervision.
- Please refrain from using cell phones (this includes texting and emailing) while walking on the track.
- Members are expected to wear appropriate attire and footwear. Shirts must be worn at all times and shoes must have a closed toe.
- Leave all personal items, including backpacks and gym bags, in a locked locker.
- You may bring resealable plastic or aluminum beverage containers, but food is not allowed on the track.
- Report any injuries to a Healthy Living Coach or Member Engagement Representative.
- Exercise within your limits. You are responsible for your personal health and safety while exercising. If you need assistance or have questions, please speak with a Healthy Living Coach.
- For everyone's safety and well-being, all members will follow track policies. Members in violation of any policy may be subject to removal and/or suspension of track usage.